

HEAVY METALS & YOUR HEALTH

NATURAL CELLULAR DEFENSE

A Natural Safe Way to Remove Heavy Metals

- Zeolites help to remove heavy metals & toxins & balance body pH
- 100% natural, non-toxic & safe for long term use
- Unique crystalline structure of cavities and 'cages' trap toxins and remove from the body
- From volcanoes lava, ash and sea salt form **Zeolite** minerals
- Zeolites have been used in Asia for centuries.
- Zeolites are negatively (good) charged ions
- Large vacant space attracts toxins, heavy metals... (positively charged ions!) trapping and eliminating
- Used by Russian Government to absorb radioactive chemicals after the Chernobyl nuclear disaster
- Zeolites are GRAS (generally recommended as safe) by the FDA
- Zeolite combined with chemotherapy reduced the metabolic rate of cancer cells and metastasis ⁵
- "Epithelial Cell Cancer Drug" patented micronized zeolites had 100% kill rate injected into cancer tumors ⁶
- Zeolites reduce digestive tract acidity thereby increasing nutrient absorption
- Anaerobic (non oxygenating) activity thrive in an acidic environment. Zeolites alkalize and balance blood acidity pH preventing virus's, fungus, molds, yeasts, parasites, cancers, diseases... from existing

HEAVY METAL AWARENESS

- Air, food, preservatives, water, vaccinations (thimerosal), many health supplements, personal care products, industrial cleaning products, herbicides, pesticides, dental fillings (50% mercury), plastic packaging for food and personal care products, paints, furniture, tobacco smoke (7,000 chemicals), cotton, cookware ...
- U.S. ranks in the top 3 countries for cancers
- DDT chemical not used since later 1970's in North America (still used in 2006 in some tropical countries) still shows up in fat tissue and urine testing

SYMPTOMS

- Low energy, depression, mood swings, blood sugar, multiple sclerosis
- Cancer, PMS, infertility, parasites, Alzheimer, heart disease, low immunity-frequent illness
- Poor concentration (ADD), low IQ, constipation, bleeding gums, headaches
- Schizophrenia, drooling, skin discoloration, acid reflux, poor circulation, thyroid, food allergies

ALARMING FACTS

- 1989 the 1 millionth man-made chemical was produced 70,000 used regularly with 65,000 considered by the EPA to be potentially hazardous to health
- The umbilical cords of 10 babies discovering 287 chemical pollutants with an average of 200 per baby! ³
- 72 million pounds of known cancer causing chemicals released into the air annually ¹
- Average person's blood and urine has 91 chemicals from a combination of 167 chemicals discovered affecting the brain, nervous system, lungs and hormones, birth defects and 76 are known to cause cancer ²

- Average child mercury levels exceed Federal Safety Guidelines for orally ingested mercury 4

PREVENT & ELIMINATE HEAVY METALS

- Natural Foods and Minerals (not isolated harmful synthetic vitamins which are often loaded with heavy metals) and a Healthy Diet and Lifestyle can assist in preventing and removing heavy metals.
- **BEWARE** * virtually only 3 brands of vitamin/mineral in North America supplements are 100% Whole Food!
- Consume at least 2 litres of reverse osmosis purified water daily. More if you are active
- Consume plenty of fresh, raw, green vegetables!
- **Zeolites** are a combination of minerals that can help remove a variety of heavy metals.

Best Foods Sources to assist in removing heavy metals;

- Green vegetables – #1 = cilantro and apples! followed by various organic greens; romaine lettuce, dandelion, celery, broccoli, kale ...
- Hydrilla, Spirulina and Chlorella food grade algae's
- Sea vegetables such as nori, dulse, kelp
- Fresh squeezed juices
- Healthy 'raw' fats such as avocado, coconut oil, ground pumpkin sesame, hemp and sunflower seeds and nuts such as almonds.

Whole Food compounds containing;

Magnesium protects us from aluminum

Amino acids, calcium, iodine, selenium, vitamin C, and zinc protect us from arsenic.

Amino acids, calcium, vitamin C and zinc protect us from cadmium.

Amino acids, calcium, iron, Vitamin C, vitamin e, and zinc protect us from lead.

Amino acids, pectin selenium, and vitamin C protect us from mercury.

Vitamin C, molybdenum and sulfur-containing amino acids (cysteine, taurine) chelate copper.

ref:

1 Environmental Defense Group

2 Mount Sinai School of Medicine 2005 & CDC (Center For Disease Control)

3 Environmental Working Group

4 WHO World Health Organization

5 2003 Issue of Anticancer Research

6 Prevention Number 1 800.368.3038